# CHILD AND ADULT CARE FOOD PROGRAM (CACFP) SELF-CERTIFICATION FORM FOR ALTERNATE APPROVAL

Any Child Care Home that provides care for more than four (4) children, not related to the caregiver, for three (3) or more hours per day must be licensed by the Tennessee Department of Human Services in accordance with TCA 71-3-501. If a Child Care Home will care for four (4) or fewer children, it may be eligible for participation in the CACFP if it complies with the following CACFP Child Care Standards:

#### **STAFF/CHILD RATIOS:**

I have read and agree to adhere to the following policies on the maximum number of in care:

Child care will be provided for no more than 4 unrelated children during a 24-hour period. Unrelated children are defined as children who are **not** of the following relationships by marriage, blood or adoption: children, step-children, grandchildren, siblings, step-siblings, nieces, and nephews of the primary caregiver.

(Signature of Provider)	

## NONDISCRIMINATION:

I agree that no person shall be excluded from participation in, be denied benefits of, or be otherwise subjected to discrimination in the performance of the CACFP, or in the employment practices of my child care home on the grounds of race, color, national origin, sex, age or disability;

I have also read and signed the attached Assurance of Compliance (Form HHS-690).

(Signature of Provider)	

#### SAFETY AND SANITATION:

I agree to an announced visit to complete an inspection of my child care home by authorized personnel of the sponsoring organization to which my CACFP application has been submitted. I have also read and agree to adhere to the following safety and sanitation standards:

To ensure that all caregivers, including the Provider, and all persons in the home shall be of such character and physical and mental status that the children's health, safety, and welfare are not threatened.

To ensure that no person charged with or convicted of a crime against a child shall be permitted to care for children or to live in my home.

To provide in writing the names, addresses and telephone numbers of all caregivers (including any substitute caregivers).

To maintain a written plan to address emergency circumstances, including my illness and injury to or illness of a child; fire; or disaster situation.

To establish and maintain a record for each child at the time of enrollment that includes:

- Child's name and date of birth.
- 2. The name, address, place of employment, home telephone number, and work telephone number for each parent, including the telephone number at which the parent may be contacted during hours of care.
- 3. The name and telephone number for the person to be contacted in the event of an emergency.
- 4. The hours of the day and days of the week that child care is to be provided.
- 5. The name(s) of any persons (other than the parents) to whom the children may be released.

To post emergency phone numbers near my home telephone for contacting local law enforcement, fire department, emergency health care, poison control center (if available), rescue squad, and the Tennessee Department of Children's Services.

To ensure that any special diets must be prepared in accordance with a physician's written instructions.

To ensure that infant formula and other food delivered by a parent are labeled with the child's name.

To discard infant formula remaining in the bottle after feeding.

To hold the feeding bottle for all infants unable to hold the bottle while being fed, and to not under any circumstances prop the bottle for feeding.

To check sleeping infants every half hour by touching them, and if the infant or other sleeping children appear to not breathe or are in distress to immediately seek emergency medical help.

To immediately notify the parents of all enrolled children if any of the following diseases has been introduced into the home: Hepatitis A, Foodborne outbreaks (food poisoning), Salmonella, Shigella, Measles, Mumps, Rubella, Pertussis, Polio, Hemophilus Influenza Type B, and Meningococcal Meningitis.

To not give any prescribed medication to any child except under the written direction of a physician, and to not give any non-prescribed internal and external medication to any child except with the parent's written authorization.

To label all medications or drugs with the child's name and include the specific written instructions for administering them.

To record and report to parents any noticeable side effects with the administration of any medications or drugs.

To ensure that no medications or drugs are handled by children and that all medications are stored out of the children's reach.

To notify the parent(s) as soon as possible when their child becomes ill or injured.

To report any suspected physical, sexual, or emotional abuse or neglect to the local county office of the Tennessee Department of Children's Services.

To ensure that my home and its furnishings present no hazard to the health and safety of children in care.

To ensure that at least one working smoke detector is located on each level of my home.

To ensure that all unused electrical outlets accessible to children are covered with receptacle covers.

To ensure that all toxic substances, such as medicines, cleaning agents, polishes, bleach, detergents, paints, insecticides, etc., are stored out of children's reach and away from food.

To ensure that all weapons and dangerous utensils and tools are stored out of children's reach.

To ensure that all floors, walls, ceilings, furniture, equipment, and all surfaces and utensils are kept clean and in good repair.

To ensure that both hot and cold running water is available from an approved source.

To ensure that a working telephone must be available in the home.

To ensure that a working flashlight is available for emergency lighting.

To ensure that all children and caregiver hands are washed frequently, including before any food handling, after toileting, and after helping children with toileting.

To ensure that all sewage and waste are disposed of properly.

To ensure that all foods are properly stored in clean containers and protected from contamination. To ensure that all perishable foods are stored in temperatures not exceeding 40 degrees Fahrenheit. To ensure that all food is prepared, stored and served in a safe, sanitary manner. To ensure that all dishes and utensils are either disposable or washed, rinsed, and sanitized properly. To not use any kerosene or other portable heaters while children are present. To ensure that all fuel burning heaters are vented to the outside of the home or are designed to be unvented. To not use any fuel burning heaters in napping areas or bedrooms. To ensure that all fuel burning heaters, fireplaces, wall heaters, fire and portable space heaters have a protective screen that is attached securely to substantial supports. To ensure that my home is free from insects and rodents. To provide soap and clean towels for hand washing. To ensure that all children and caregivers have access to a working indoor toilet. To not permit the smoking of tobacco products at any time when children are present for child care services within the space of my home utilized for child care. To not use any computer or fax machine during the hours of care, unless the computer or fax machine has a designated telephone line which is separated from the home's telephone line for child care. (Computers without internet access are not subject to this policy.) (Signature of Provider) SUITABILITY OF FACILITY: I have read and agree to adhere to the following facility standards: That the ventilation, temperature and lighting of my child care home are adequate for children's safety and comfort. That the floors and walls of my child care home are cleaned and maintained in a condition safe for children. (Signature of Provider) SOCIAL SERVICES: I agree to refer families of children in care to appropriate local health and social service agencies. (Signature of Provider)

# HEALTH SERVICES:

### I have read and agree to provide the following health services:

To daily observe each child for indications of difficulties in social adjustment, illness, neglect and abuse, and to initiate appropriate action if any such difficulties are observed for any child.

To establish procedures to ensure the prompt notification of the parent(s) in the event of a child's illness or injury and to ensure that prompt medical treatment is available in the case of. an emergency.

To maintain a complete first aid kit and to be familiar with its proper use.

(Signature of Provider)	
PARENTAL INVOLVEMENT:	
I agree to allow parents and guardians the opportunity to obs	erve their children in child care.
(Signature of Provider)	
(Oignature of Frovider)	
FOR SPONSORONG ORGANIZATION USE ONLY:	
RECEIVED BY:	
KARAMU NUTRITION PROGRAM INC.  Name of Sponsoring Organization	Date of Receipt
	2 a.o o
Signature of Sponsoring Organization Monitor	Date