Karamu Nutrition Program PROVIDER DIY MENU

DIY KNP#:	Provider/Center Name:	Claim Month / Year:
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KNP	CACFP Child Menu	Total. To dubdicte a food form, and a different food form and you min for our and you							
KNIP)		Date	Date	Date	Date	Date	Date	Date	
1 (1)	Food Group / Portion Sizes								
MPR2									
	Age 1-2 Age 3-5 Age 6-12								
		Linfley and Miles (4 ym)	Linfley and Mihala (4 ym)	Linfley and Miles In (4 cm)	Linfleyened Mindle (4 vm)	Linfley and Mindle (4 ym)	Linfleyeared Mihala (4 ym)	Linflavored Minala (4 vm)	
	Fluid Milk	Unflavored Whole (1 yr)	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr)	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	
		Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	
	1/2C 3/4C 1C	Skiiii Fat-iiee (2 to 12 yis)	Skiili Fat-liee (2 to 12 yrs)	Skiiii Fat-liee (2 to 12 yis)	Skilli Fat-liee (2 to 12 yis)	Skilli Fat-liee (2 to 12 yis)	Skiili Fat-liee (2 to 12 yrs)	Skiiii Fat-liee (2 to 12 yis)	
Breakfast	Vegetable or Fruit								
Bre	1/4C 1/2C 1/2C								
	Grains								
22)	1/2 Oz.Eq. 1/2 Oz.Eq. 1 Oz.Eq.								
ב	Age 1-2 Age 3-5 Age 6-12								
Jan	Fluid Milk 1/2C 3/4C 1C								
é									
(Rev	Protein								
ATE	1oz 1.5oz 2oz								
TEMPLA	Vegetable								
	1/8C 1/4C 1/2C								
	Fruit or Vegetable								
MENO	1/8C 1/4C 1/4C								
M ≻IQ	Grains								
	1/2 Oz.Eq. 1/2 Oz.Eq. 1 Oz.Eq.								
	Age 1-2 Age 3-5 Age 6-12								
PROVIDER	Fluid Milk	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	
	1/2C 3/4C 1C	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	
P P	Protein								
KNP	1oz 1.5oz 2oz								
Su	Vegetable								
عا	1/8C 1/4C 1/2C								
Lunch /	Fruit or Vegetable								
	1/8C 1/4C 1/4C								
	Grains								
	1/2 Oz.Eq. 1/2 Oz.Eq. 1 Oz.Eq.								

PROVIDER DO IT YOURSELF MENU TEMPLATE

Karamu Nutrition Program PROVIDER DIY MENU

DIY

• •	CACFP Child Menu		Note: To subst	itute a food item, draw a single line throug	h the food item below that you will not sen	ve and write in the food item that you will so	erve in its place.	
KND		Date						
	Food Group / Portion Sizes							
MPR2								
	Age 1-2 Age 3-5 Age 6-12							
₊	Fluid Milk	Unflavored Whole (1 yr) Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)	Unflavored Whole (1 yr) Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)	Unflavored Whole (1 yr) Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)	Unflavored Whole (1 yr) Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)	Unflavored Whole (1 yr) Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)	Unflavored Whole (1 yr) Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)	Unflavored Whole (1 yr) Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)
as	1/2C 3/4C 1C	ORITITAL TIES (2 to 12 yrs)	Okili i at-liee (2 to 12 yis)	OKIII I at-liee (2 to 12 yis)	OKIII I di-liee (2 to 12 yis)	Okiiii at-iiee (2 to 12 yis)	OKIII I deliee (2 to 12 yis)	Skiii i at-iiee (2 to 12 yis)
Breakfast	Vegetable or Fruit							
P. P.	1/4C 1/2C 1/2C							
	Grains							
22)	1/2 Oz.Eq. 1/2 Oz.Eq. 1 Oz.Eq.							
	Age 1-2 Age 3-5 Age 6-12							
Jan	Fluid Milk							
171	1/2C 3/4C 1C							
(Rev	Protein							
ATE	1oz 1.5oz 2oz							
	Vegetable							
	1/8C 1/4C 1/2C							
	Fruit or Vegetable							
MENC	1/8C 1/4C 1/4C							
	1/00 1/40 1/40							
	Grains							
	1/2 Oz.Eq. 1/2 Oz.Eq. 1 Oz.Eq.							
	Age 1-2 Age 3-5 Age 6-12							
PROVIDER	Fluid Milk	Unflavored Whole (1 yr) Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)	Unflavored Whole (1 yr) Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)	Unflavored Whole (1 yr) Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)	Unflavored Whole (1 yr) Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)	Unflavored Whole (1 yr) Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)	Unflavored Whole (1 yr) Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)	Unflavored Whole (1 yr) Unflavored 1% Low-fat or Skim Fat-free (2 to 12 yrs)
	1/2C 3/4C 1C	Skill Fat-liee (2 to 12 yis)	Skilli Fat-liee (2 to 12 yis)	Skilli Fat-liee (2 to 12 yis)	Skilli Fat-liee (2 to 12 yis)	Skilli Fat-liee (2 to 12 yis)	Skilli Fat-liee (2 to 12 yis)	Skilli Fat-liee (2 to 12 yis)
	Protein							
KNP	1oz 1.5oz 2oz							
J Sug	Vegetable							
ي ا	1/8C 1/4C 1/2C							
KNP Lunch / Supper	Fruit or Vegetable							
	1/8C 1/4C 1/4C							
	Grains							
	1/2 Oz.Eq. 1/2 Oz.Eq. 1 Oz.Eq.							

PROVIDER DO IT YOURSELF MENU TEMPLATE