

KNP Number: \_\_\_\_\_ Center or Provider Name: \_\_\_\_\_

Claim Month/Year \_\_\_\_\_

\_\_\_\_\_  
Infant Name & Age (In Months)

\_\_\_\_\_  
Infant Name & Age (In Months)

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Infant Name & Age (In Months)

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\_\_\_\_\_  
Infant Name & Age (In Months)

\_\_\_\_\_  
Infant Name & Age (In Months)



MPR2

## Karamu Weekly Infant Menu

MINIMUM MEAL REQUIREMENTS				DATE	DATE	DATE	DATE	DATE	DATE	DATE
MEAL	FOOD GROUP/ITEM	0 TO 5 MONTHS	6 TO 11 MONTHS							
BREAKFAST	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	6 TO 8 OUNCES							
	IRON FORTIFIED INFANT CEREAL	NONE	0 TO 4 TBSPS							
	FRUIT/VEGETABLE	NONE	0 TO 2 TBSPS							
AM SNACK	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	2 TO 4 OUNCES							
	FRUIT/VEGETABLE	NONE	0 TO 2 TBSPS							
	BREAD OR BREAD ALT.**	NONE	0 TO 1/2 SLICE							
LUNCH	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	6 TO 8 OUNCES							
	IRON FORTIFIED INFANT CEREAL	NONE	0 TO 4 TBSPS							
	AND/OR STRAINED PROTEIN	NONE	SEE STRAINED PROTEIN CHART							
	FRUIT/VEGETABLE	NONE	0 TO 2 TBSPS							
PM SNACK	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	2 TO 4 OUNCES							
	FRUIT/VEGETABLE	NONE	0 TO 2 TBSPS							
	BREAD OR BREAD ALT.**	NONE	0 TO 1/2 SLICE							
DINNER	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	6 TO 8 OUNCES							
	IRON FORTIFIED INFANT CEREAL	NONE	0 TO 4 TBSPS							
	AND/OR STRAINED PROTEIN	NONE	SEE STRAINED PROTEIN CHART							
	FRUIT/VEGETABLE	NONE	0 TO 2 TBSPS							
EV SNACK	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	2 TO 4 OUNCES							
	FRUIT/VEGETABLE	NONE	0 TO 2 TBSPS							
	BREAD OR BREAD ALT.**	NONE	0 TO 1/2 SLICE							

**Mother's Breast Milk**  
MOTHER'S BREAST MILK MAY BE SERVED IN PLACE OF FORMULA. MEALS OR SNACKS CONSISTING OF MOTHER'S MILK ONLY ARE REIMBURSABLE, EVEN IF THE MOTHER BREAST FEEDS ON SITE

**Fruit/Vegetable**  
VEGETABLE AND/OR FRUIT REQUIRED AT BREAKFAST, LUNCH, SUPPER, AND SNACK STARTING AT 6 MONTHS (when developmentally ready)

**JUICE IS NOT CREDITABLE FOR INFANTS**

**Infant Cereal**  
INFANT CEREAL MUST BE IRON FORTIFIED. **NO** SUBSTITUTIONS OF REGULAR CEREALS SUCH AS CREAM OF WHEAT OR OATMEAL ARE ALLOWED.

**Strained Proteins**  
0 to 4 TBSP. MEAT, FISH, POULTRY, EGG YOLK, OR COOKED DRY BEANS OR PEAS, OR 0 to 2 OZ SHREDDED CHEESE, OR 0 to 4 OZ COTTAGE CHEESE, OR 0 to 4 OZ OR 1/2 CUP OF YOGURT. NOTE: AVOID COMMERCIAL COMBINATION BABY FOODS SUCH AS VEGETABLE CHICKEN DINNER, TURKEY & RICE

**NOT CREDITABLE FOR INFANTS:** FISH STICKS, CANNED FISH, HOT DOGS, INFANT MEAT STICKS, VIENNA SAUSAGES  
CHEESE FOOD/ CHEESE SPREAD ARE NOT CREDITABLE. (Pimento Cheese, Cream Cheese, Velveeta Cheese Spread, etc.)

**Suggested Bread Alternates**  
SALTINES, GRAHAM CRACKERS WITHOUT HONEY, DRY TOAST, MELBA TOAST, ZWIEBACH, CHEERIOS OR OTHER WIC APPROVED READY TO EAT CEREAL (WITHOUT HONEY) AT SNACKS ONLY.  
NOTE: AVOID HIGHLY SEASONED OR CRACKERS WITH SEEDS.



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	IRON FORTIFIED INFANT CEREAL	NONE	0 TO 4 TBSPS							
	FRUIT/VEGETABLE	NONE	0 TO 2 TBSPS							
A M  S N A C K	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	2 TO 4 OUNCES							
	FRUIT/VEGETABLE	NONE	0 TO 2 TBSPS							
	BREAD OR BREAD ALT.**	NONE	0 TO 1/2 SLICE							
L U N C H	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	6 TO 8 OUNCES							
	IRON FORTIFIED INFANT CEREAL	NONE	0 TO 4 TBSPS							
	AND/OR STRAINED PROTEIN	NONE	SEE STRAINED PROTEIN CHART							
	FRUIT/VEGETABLE	NONE	0 TO 4 TBSPS							
P M  S N A C K	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	2 TO 4 OUNCES							
	FRUIT/VEGETABLE	NONE	0 TO 2 TBSPS							
	BREAD OR BREAD ALT.**	NONE	0 TO 1/2 SLICE							
D I N N E R	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	6 TO 8 OUNCES							
	IRON FORTIFIED INFANT CEREAL	NONE	0 TO 4 TBSPS							
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	BREAD OR BREAD ALT.**	NONE	0 TO 1/2 SLICE							