(NP Number:		Center or Provider Name:						Claim Month/Year					
(NP)		Infant Name & Age (In Months)			Infant N	Infant Name & Age (In Months)			Infant Name & Age (In Months)				
		Infant Name & Age (In Months)			Infant N	Name & Age (In Months	· · · · · · · · · · · · · · · · · · ·		Infant Name & Age (In Mo				
M	IPR2				Karamu	Weekly Infa	ant Menu				Mother's Breast Milk MOTHER'S BREAST MILK MAY BE		
	MINIMUM A	MEAL REQUIREM	ENTS	DATE	DATE	DATE	DATE	DAT	E DATE	DATE	SERVED IN PLACE OF FORMULA. MEALS OR SNACKS CONSISTING		
IEAL	FOOD GROUP	0 TO 5 MONTHS	6 TO 11 MONTHS								OF MOTHER'S MILK ONLY ARE REIMBURSABLE, EVEN IF THE MOTHER BREAST FEEDS		
\ST	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MIL		6 TO 8 OUNCES								ON SITE		
BREAKFAST	IRON FORTIFIED INFANT CEREAL	NONE	0 TO 4 TBSPS								Fruit/Vegetable VEGETABLE AND/OR FRUIT REQUIRED AT BREAKFAST, LUNCH,		
BR	FRUIT/VEGETABLE	NONE	0 TO 2 TBSPS								SUPPER, AND SNACK STARTING AT 6 MONTHS (when developmentally ready)  JUICE IS NOT CREDITABLE FOR INFANTS  Infant Cereal INFANT CEREAL MUST BE IRON FORTIFIED. NO SUBSTITUTIONS OF REGULAR CEREALS SUCH AS CREAM OF WHEAT OR OATMEAL ARE ALLOWED.  Strained Proteins 0 to 4 TBSP. MEAT, FISH, POULTRY, EGG YOLK, OR COOKED DRY BEANS OR PEAS, OR 0 to 4 OZ OZ SHREDDED CHEESE, OR 0 to 4 OZ OZ COTTAGE CHEESE, OR 0 to 4 OZ OR 1/2 CUP OF YOGURT. NOTE: AVOID COMMERCIAL COMBINATION BABY FOODS SUCH AS VEGETABLE CHICKEN DINNER, TURKEY & RICE NOT CREDITABLE FOR INFANTS: FISH STICKS, CANNED FISH, HOT		
A	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MIL	4 TO 6 OUNCES	2 TO 4 OUNCES										
	FRUIT/VEGETABLE BREAD OR BREAD	NONE	0 TO 2 TBSPS										
	ALT.**	NONE	0 TO 1/2 SLICE										
	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MIL		6 TO 8 OUNCES										
LUNCH	IRON FORTIFIED INFANT CEREAL	NONE	0 TO 4 TBSPS										
_	AND/OR STRAINED PROTEIN	NONE NONE	SEE STRAINED PROTEIN CHART										
	FRUIT/VEGETABLE	<u>NONE</u>	0 TO 2 TBSPS										
PM SNACK	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MIL		2 TO 4 OUNCES										
	FRUIT/VEGETABLE	NONE	0 TO 2 TBSPS										
	BREAD OR BREAD ALT.**	NONE	0 TO 1/2 SLICE										
DINNER	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MIL		6 TO 8 OUNCES								DOGS, INFANT MEAT STICKS, VIENNA SAUSAGES CHEESE FOOD/ CHEESE SPREAD		
	IRON FORTIFIED INFANT CEREAL	NONE	0 TO 4 TBSPS								ARE NOT CREDITABLE. (Pimento Cheese, Cream Cheese, Velveeta Cheese Spread, etc.)		
	AND/OR STRAINED PROTEIN	NONE	SEE STRAINED PROTEIN CHART										
	FRUIT/VEGETABLE	NONE	0 TO 2 TBSPS								<u>Suggested Bread Alternates</u> SALTINES, GRAHAM CRACKERS		
SNACK	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MIL	4 TO 6 OUNCES	2 TO 4 OUNCES								WITHOUT HONEY, DRY TOAST, MELBA TOAST, ZWIEBACH, CHEERIOS OR OTHER WIC APPROVED READY TO EAT CEREAL		
NS N	FRUIT/VEGETABLE	NONE	0 TO 2 TBSPS								(WITHOUT HONEY) At SNACKS ONLY.		
Ē	BREAD OR BREAD ALT.**	NONE	0 TO 1/2 SLICE								NOTE: AVOID HIGHLY SEASONED OR CRACKERS WITH SEEDS.		

(NP#:		



## Karamu Weekly Infant Menu

MPRZ											
	MINIMUM MEAL REQUIREMENTS			DATE							
MEAL	FOOD GROUP /ITEM	0 TO 5 MONTHS	6 TO 11 MONTHS								
B R E	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	6 TO 8 OUNCES								
A K F	IRON FORTIFIED INFANT CEREAL	<u>NONE</u>	0 TO 4 TBSPS								
A S T	FRUIT/VEGETABLE	<u>NONE</u>	0 TO 2 TBSPS								
A M	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	2 TO 4 OUNCES								
S N A	FRUIT/VEGETABLE	NONE	0 TO 2 TBSPS								
c K	BREAD OR BREAD ALT.**	<u>NONE</u>	0 TO 1/2 SLICE								
	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	6 TO 8 OUNCES								
L U N	IRON FORTIFIED INFANT CEREAL	<u>NONE</u>	0 TO 4 TBSPS								
C H	AND/OR STRAINED PROTEIN	<u>NONE</u>	SEE STRAINED PROTEIN CHART								
	FRUIT/VEGETABLE	<u>NONE</u>	0 TO 4 TBSPS								
P M	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	2 TO 4 OUNCES								
S N A	FRUIT/VEGETABLE	<u>NONE</u>	0 TO 2 TBSPS								
c K	BREAD OR BREAD ALT.**	<u>NONE</u>	0 TO 1/2 SLICE								
	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	6 TO 8 OUNCES								
D I N	IRON FORTIFIED INFANT CEREAL	NONE	0 TO 4 TBSPS	_							
N E R	AND/OR STRAINED PROTEIN	NONE	SEE STRAINED PROTEIN CHART								
	FRUIT/VEGETABLE	NONE	0 TO 4 TBSPS								
E V	IRON FORTIFIED INFANT FORMULA OR MOTHER'S BREAST MILK	4 TO 6 OUNCES	2 TO 4 OUNCES								
S N	FRUIT/VEGETABLE	NONE	0 TO 2 TBSPS								
C K	BREAD OR BREAD ALT.**	NONE	0 TO 1/2 SLICE								