Karamu Nutrition Program Provider DIY Menu

	KNP#:	Provider/Center Name:	Claim Month / Year:
DIY	ТИИ #1		

	CACFP Child Menu Note: To substitute a food item, draw a single line through the food item below that you will not serve and write in the food item that you will serve in its place.								
KND		OACI I CIIII WEIIU	Date	Date	Date	Date	Date	Date	Date
KAI	/	Food Group / Portion Sizes	Date	Date	Date	Date	Date	Date	Date
		·							
MPR2	_								
Ш	\vdash	Age 1-2 Age 3-5 Age 6-12							
		Fluid Milk	Unflavored Whole (1 yr)	Unflavored Whole (1 yr)	Unflavored Whole (1 yr)	Unflavored Whole (1 yr)	Unflavored Whole (1 yr)	Unflavored Whole (1 yr)	Unflavored Whole (1 yr)
		I IUIU WIIK	Unflavored 1% Low-fat or	Unflavored 1% Low-fat or	Unflavored 1% Low-fat or	Unflavored 1% Low-fat or	Unflavored 1% Low-fat or	Unflavored 1% Low-fat or	Unflavored 1% Low-fat or
	<u>الا</u>	1/2C 3/4C 1C	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)
	Dreaktast	Vegetable or Fruit							
	<u>ב</u>	1/4C 1/2C 1/2C							
		Grains							
22		1/2 Oz.Eq. 1/2 Oz.Eq. 1 Oz.Eq.							
JAN	L	Age 1-2 Age 3-5 Age 6-12							
		Fluid Milk							
(Rev	F	1/2C 3/4C 1C Protein							
151		1oz 1.5oz 2oz							
TEMPLATE	Shack	Vegetable							
≥		1/8C 1/4C 1/2C							
		Fruit or Vegetable							
MENC		1/8C 1/4C 1/4C							
DIY MI		Grains							
		1/2 Oz.Eq. 1/2 Oz.Eq. 1 Oz.Eq.							
		Age 1-2 Age 3-5 Age 6-12							
PROVIDER		Fluid Milk	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or
0		1/2C 3/4C 1C	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)
	_	Protein							
KNP		1oz 1.5oz 2oz							
X	Lunch / Supper	Vegetable							
4		1/8C 1/4C 1/2C							
		Fruit or Vegetable							
		1/8C 1/4C 1/4C							
		Grains							
		1/2 Oz.Eq. 1/2 Oz.Eq. 1 Oz.Eq.							

PROVIDER DO IT YOURSELF MENU TEMPLATE

Karamu Nutrition Program Provider DIY Menu

DIY

	, T	CACFP Child Menu Note: To substitute a food item, draw a single line through the food item below that you will not serve and write in the food item that you will serve in its place.							1
KNP		S. IST T STILL MISTIN	Date	Date	Date	Date	Date	Date	Date
KIN	17	Food Group / Portion Sizes	Date	Date	Date	Date	Date	Date	Date
MPR	(2								
	_	Age 1-2 Age 3-5 Age 6-12							
		Fluid Milk	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or
	st	1/2C 3/4C 1C	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)
	Breakfast	Vegetable or Fruit							
	Bre	1/4C 1/2C 1/2C							
		Grains							
22)		1/2 Oz.Eq. 1/2 Oz.Eq. 1 Oz.Eq.							
	_	Age 1-2 Age 3-5 Age 6-12							
	-	Fluid Milk 1/2C 3/4C 1C							
		Protein							
	-	1oz 1.5oz 2oz							
	Snack	Vegetable							
	Sna	1/8C 1/4C 1/2C							
		Fruit or Vegetable							
		1/8C 1/4C 1/4C							
DIY MENU		Grains							
		1/2 Oz.Eq. 1/2 Oz.Eq. 1 Oz.Eq.							
		Age 1-2 Age 3-5 Age 6-12							
PROVIDER		Fluid Milk	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or	Unflavored Whole (1 yr) Unflavored 1% Low-fat or
		1/2C 3/4C 1C	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)	Skim Fat-free (2 to 12 yrs)
PR	ř	Protein							
KNP	ğ	1oz 1.5oz 2oz							
$ \mathbf{x} $	/ Supper	Vegetable							
	4	1/8C 1/4C 1/2C							
	Lunch /	Fruit or Vegetable							
		1/8C 1/4C 1/4C							
		Grains							
		1/2 Oz.Eq. 1/2 Oz.Eq. 1 Oz.Eq.							

PROVIDER DO IT YOURSELF MENU TEMPLATE